



## How's your smile?

### While facing directly into the mirror, just smile normally:

- Do you like the color of your teeth? Are they more gray or yellow?
- Do you have any crooked teeth?
- Do you have any noticeable spaces between your teeth?
- Are any of your teeth too small or too large?
- Are any teeth too flat or too pointed?

### Now look at your gums:

- Do your gums “show” when you smile?
- Are your gums a healthy pink, or are they red and puffy?

### And notice this:

- Does your smile match the rest of your image?
- What do other people notice about your smile?
- What would you change about your smile if you could?

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